

Freitag: USI Stundenplan WS 20/21

	"Daham" ZOOM
Vormittag	
06.30 - 06.45	615 FULL BODY STRETCH Mühlanger Vanessa 06.30 - 07.15
06.45 - 07.00	
07.00 - 07.15	
07.15 - 07.30	
Nachmittag	
18.00 - 18.15	616 STARKER RÜCKEN - Stabil statt labil Lasser Stefan 18.00 - 19.00
18.15 - 18.30	
18.30 - 18.45	
18.45 - 19.00	